

NEWSLETTER

Chandler's Party

On the 13th of June we surprised Chandler with a birthday party. It's not actually his birthday yet, it's in the winter holidays but we decided to have it before then





just to make it easier. The whole class had made decorations and gave donations that we had decided on getting presents with. In total we had gotten over two hundred dollars just from the class! We had prepared for Chandler's arrival with presents on the table, balloons everywhere and decorations hanging from the ceiling. When Chandler wheeled inside Mrs Wheeler told him that we weren't there, she counted down from three and then we popped out from under the tables and surprised him. He had the biggest smile on his face and he was flabbergasted. The hard work we had done was paid off by his happiness, his smile and gratitude. We had lots of cake and all enjoyed the party.



Farewell Mrs Jones

After 22 years here at Woodlands we farewell Mrs Jones, who is retiring, next Thursday 22nd June. I'm sure you will all join me in congratulating Mrs Jones on a wonderful teaching career and thank her for her years of service to the Woodlands community. All the best with this new chapter in your life.

Farewell Mrs Rizkallah and welcome back Mrs Gaiser

We also say goodbye to Mrs Rizkallah who has accepted a position at Rosebud Primary School. This is a fantastic opportunity for her to work closer to home and take on a new challenge. Thank you for your time here at Woodlands, Mrs Rizkallah and all the very best. We are fortunate enough to welcome Back Mrs Gaiser from leave, she will join Mrs Miller and 4 MR two days a week. It is great to have you back.













CALENDAR

<u>JUNE</u>

Monday 19th—Junior school assembly @ 2:45pm Friday 23rd—Senior school assembly @ 11:45am Friday 23rd—Last Day of School 2:30pm finish

<u>JULY</u>

Tue 18th— Wed 19th— Parent Teacher Interviews

Joke of the week !



"In every job that must be done there is an element of fun."



odlands NEWSLETTER







Administration Upgrade

As many of you have no doubt noticed over the last couple of weeks, the work on the Administration area extension and refurbishment has gathered some momentum. Demolition of the internal and external areas is due to be completed next week. Following this, the concrete slab will be laid for the new Office area before framing the entire area and putting the new roof on. We're hopeful that a large portion of the more disruptive work will take place over the school holidays, minimising the impact students on our and community. Below are some photos of the work that has taken place recently.





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IMPORTANT

UPCOMING DATES



Important School Dates for Term

2023 TERM DATES

TERM 2—Monday 24th April to Friday 23rd June

Monday 19th June—Junior School Assembly @ 2:45pm

Monday 23rd June—Senior School Assembly @11:45am

Friday 23rd June – Last Day of School

2:30pm Finish

TERM 3—Monday 10th July to Friday 15th September

TERM 4—Monday 2nd October to Wednesday 20th December



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ALPHA SHOW HERCULES

Alpha are a cast of six professional performers who bring the theatrical elements from major theatre to our school. They adapt classic stories into powerful metaphors for children's lives, as well as proving a highly entertaining and fun comedy show for all ages. They specialise in bringing real, quality theatre to people who don't normally have a chance to see a full production musical.









Amazing Structures





Amazing Structures

By chelsea , Isla G , Malachi , Marissa and lucas







Bridge builders

5 Woodlands primary school kids have made difficult structures .

We have a London bridge by Malachie, Chelsea and Isla G, a swing bridge by Chelsea, a oil transporter by Isla G and a Glinten bridge by Marissa and Lucas.All bridges wervery long hours.e made in 2 Make sure you go check them out at the stem room window.

To wrap this up let's finish with a joke.What do you call a bridge with no supports.What. A broken bridge.That is all for today ,have a good day.

Amazing Structures

Oil rig



a london

approximately can drill 2 km beneath the surface.



First fact: The London bridge is rumored to be haunted If was built in 43 AD. You used to have to pay to walk across the bridge Did you know that it fell down on the 15th of January 1990? It is fifty six



WILLUM WARRAIN Aboriginal Association Incorporated

RECONCILIATION WALK 2023 SUNDAY, JUNE 4, 2023 AT 11 AM - 1 PM

WILLUM WARRAIN'S

MORNINGTON PENINSULA



BE A VOICE FOR GENERATIONS

Join us, the Aboriginal community of the Mornington Peninsula, for a leisurely stroll in the spirit of Reconciliation.

Come with your family, school group or community group - everyone is welcome.

Includes Welcome to Country by the Bunurong Land Council, Djario (Ganga Giri with dancers). Yang Gali Mullum choir, cultural activities & free family BBQ from 11.30am onwards at Willum Warrain.

The walk begins at Pelican Park on the Hastings Foreshore at 11:00am & proceeds to our Gathering Piace at 10c Pound Road, Hastings, Park at Willum Warrain at 10:00am for the shuttle bus lift to Pelican Park.

For more information please call (03) 5979 1391

Organisations- please register your interest on the FB event to help with catering: https://www.facebook.com/WillumWarrain

Stay well this winter

Symptoms of influenza (flu) can hit very quickly and may last several weeks. Vaccination is the best way to protect yourself and others from getting the flu.

<u>Annual influenza vaccination</u> is recommended from mid-April each year and is free under the <u>National Immunisation Program</u> for those at higher risk of complications from the flu.

Keeping our school community well

Parents, carers and students are encouraged to practice prevention measures, including:

- washing and sanitising hands regularly
- avoiding touching eyes, nose and mouth with unwashed hands
- covering nose and mouth when coughing or sneezing
- staying home if unwell and consulting a general practitioner (GP) or <u>Nurse-on-call</u> as required
- staying up to date with flu and COVID-19 vaccinations.

Flu vaccinations

Flu vaccinations can be booked through GPs and pharmacies, many of which can also provide COVID-19 vaccinations. Flu vaccination is recommended for everyone aged 6 months and over.

Some people are more at risk of complications from flu and are eligible for free vaccination as part of the <u>National Immunisation Program</u>.

COVID-19 booster

The 2023 COVID-19 booster dose is available for everyone aged 18 and above.

Getting your booster dose remains the best way to prevent severe illness or hospitalisation, especially in people aged over 65 and those at higher risk of severe illness.

You can have your booster dose 6 months after your last dose or COVID infection.

Children aged between 5 and 17 years who are at risk of severe illness can also receive a 2023 booster dose.

You can get your next dose at your local pharmacy or GP. To find one near you, refer to the <u>vaccine</u> <u>clinic finder</u>.

Find out more

For more information about preventing flu, and immunisation, refer to:

- Better Health Channel influenza flu immunisation fact sheet
- <u>Getting vaccinated against influenza.</u>



Helping Your Child THRIVE

The following tips can be used at home to help your children THRIVE.

Iry your best

- To develop self-control in your children, encourage them to make choices and accept the mistakes they make.
- Support them to learn and try new ways to fix their mistakes to achieve what they set out to do.
- Setbacks, such as not being picked for a team, or being left out of a group, can be painful experiences, but so long as you tell them these are normal parts of life, their selfcontrol, resilience and self-awareness will grow.

Be healthy

- Enable them to make the choice to follow a healthy balanced diet (especially breakfast), exercise, socialising and leisure.
- Every day encourage your children to play outside actively. Sport is a great way to keep them fit.
- Keep an eye on their sleeping patterns: they are active and growing rapidly and need 8 to 10 hours of deep uninterrupted sleep.
- Remove devices in bedrooms and avoid screens an hour before bed.

Relate well

- Let them know regularly that you love them and are proud of them.
- Avoid comparing them or what they do to other friends or siblings in their presence.
- Reach an agreement on screen time, in particular social media and gaming; these can become very difficult habits to break down the track.
- Schedule quality time with your children. Enjoy doing something together like going for a walk, playing a game or cooking.

Get involved

- Set aside regular time to talk with your children about all the things they do. These conversations are the backbone of your relationships with your children because they know you care and love them.
- Encourage your child to play to their strengths and try different activities and hobbies.
- Share your hobbies and passions with your children.

Uve your values

- Talk to your children about your family values, what is important to you and how you can all act in a way that is respectful of those values.
- Model using manners and teach your children to use "Please", "Thank you", "May I", "Excuse me", and "No thank you".
- Praise your child when they are being respectful.
- Give your child special jobs around the home and talk to them about how they can help others

Enjoy positive emotions

- Every evening ask them to share the good things that happened in their day that they were grateful for.
- Every morning ask them what they are most looking forward to for the upcoming day.
- Celebrate their achievements.
- Practice mindful moments together.



THRIVE AWARDS

Term 2 Week 7

'Live your VALUES'

Class	Recipient Name	Class	Recipient Name	
FE	Maddi T	4AW	George W	
FG	Penelope W	4D	Katie B	
FM	Harry P	41	Layne B	
FN	Chase M	4MR	Jack M	
FS	Evie C	4W	Charlotte SG	
FT	Maddy M	5A	Tanika B	
1A	Ally N	5B	Lilah B	
1E	Tyler M	5D	Olivia J	
1F	Willow L	55	Layla D	
บ	Amity S	5W	Edan M-B	
15	Charlotte C	6BP	Ronin D	
1SR	Annie C	6C	Chase H	
2F	Dylan A	ylan A 6H		
2H	Lucas M	6P	Annaliese B	
21	Jude C	6S	William H	
2J	Emmelyn C	PERFORMING ARTS Mr Gough	Alyssa L 3P	
2M	Meagan W	PE Mr Dowling PE Mr Birnie	Keira M 4MR	
2MU	Abby S	STEM	Abby M 6H	
3E	Spencer B	Mr Schaus VISUAL ARTS	Harrison B 4MR	
3H	Anastasia M	Mrs Clowes VISUAL ARTS	Leo K 2M	
3L	Hudson S	Mrs Livera	Kylah A FN	
		Mr Hall MEDIA		
3P	Harvey S	Mr Hall	Evie P 5A	
3W	Maddie G	PE Mr Hall	Willow L 1F	
		AUSLAN Julie Morgan	Imogen A 1A Cruz 6BP	
		Prep PE Mrs Schroth	Violet M FS	

ENJOY POSITIVE EMOTIONS

- + Live in the moment
- Be the reason someone smiles today
- Notice and be grateful for the good things

ENJOY positive emotions helps us to find ways to boost happiness, hope, joy, love, compassion, pride, gratitude and interest in our daily lives. These emotions can help us feel good but can also help us deal with tough times. Research has found that experiencing positive emotions is a bi-product of a complex interplay of genetics, life circumstances and intentional activity. By engaging in healthy mental and physical habits, we can have a lot of control over our own happiness and wellbeing.

Tips

- Savour good experiences by deliberately paying attention to the moment, enjoy what is going on and using all your senses
- Try meditation. Guided meditations can help you focus on your body and mind. Smiling Mind is an Australian organisation that offers free meditation activities for people of all ages
- Set a daily intention. Think about how you want to show up, what influence you are having on others and the world around you
- Express gratitude and focus on the positive aspects of your day. You could try writing them down or share with someone three good things that happened
- Do activities that you enjoy and pursue hobbies
- Practice mindfulness. Tune into the present moment, what you are thinking and feeling? Connect with nature or take a quiet moment to rest and reset
- Schedule self-care. When we are busy, stressed and time poor, self-care is usually the first thing we sacrifice.
 Scheduling some 'me time' can help us reset and refocus
- Pleasant life. Schedule time to do something that feels good e.g., a massage, a coffee, a nap, or a bath.
- Good life. Schedule time to use your skills for something you enjoy e.g., play sport, music, garden or cook.
- Meaningful life. Schedule time to help others e.g., give blood, volunteer, pick up litter, donate unwanted things to those in need.

ENJOY POSITIVE EMOTIONS



PRINCIPAL AWARDS

Term 2, 2023 - Junior School Principals Awards

Class	Teacher	Student				
FE	Miss Eldridge	Emily M				
FG	Mrs Gallagher	Jude B				
FN	Miss Nicholls	Chase M				
FS	Miss Simmons	Jesse E				
FT	Mrs Truman	Jordi C				
FM	Miss Mackenzie	Jordan M				
1A	Miss Allan	Ally N				
1E	Miss Exton	Nathaniel B				
1F	Miss Fox	Archer C				
1J	Mrs Porter & Mrs Gibson	Chloe J				
1S	Ms Senysyn	Peyton R				
1SR	Mrs Schuurman & Mrs Reynolds	Parker S				
2F	Miss Frawley	Lilah N				
2H	Mrs Hallal	Lucas M				
21	Miss Isom	Jaida P				
2J	Mrs Jenner	Oliver W				
2M	Mrs Morton	Xavier M				
2MU	Mrs Muehllechner	Londyn M				

PRINCIPAL AWARDS

Term 2, 2023 - Senior School Principals Awards

Class	Teacher	Student				
3E	Miss Bonnamy	Lincoln S				
ЗH	Mrs Hammond	Chloe C				
3L	Mrs Lancaster	Emily S				
3P	Mrs Ponchard	Alira C				
3W	Mrs Whyte	Evie B				
4AW	Mrs Wheeler & Mrs Atchison	Tobin P				
4D	Mrs Di Paolo	Hudson C				
4MR	Mrs Miller & Mrs Rizkallah	Jack R				
41	Mrs Iurato	Kody W				
4W	Mr Whitehead	Caleb C				
5A	Mr Allan	Ruby T				
5B	Mrs Brnjac	Emily M				
5D	Miss Donovan	Jemma M				
5S	Mr Salerni	Zoe B				
5W	Mrs Whitehead	Evie R				
6BP	Ms Brereton and Mrs Palmer	Ethan M				
6C	Mr Crew	Lara B				
6H	Mr Hicks	Heidi L				
6P	Mrs Polydor	Evan P				
6S	Mr Salerni	Erin M				





WOODLANDS PRIMARY



	INE	TU	E • 27th J	UNE	W	ED • 28 th J	UNE	TH	lU • 29th J	UNE	FR	l - 30 th J	UNE
	1	47. 17.	Show	P	4		1.				D	11	t
TEAM CHEE	R	TEAMK	KIDS GOT	TALENT		WINTER PAR	RTY		PARTY BU	s	WHAI	E OUT OF	WATE
Get pumped up with Te ligh-energy cheer clas like a pro and cheer li with colourful pom p	s! Dance ke a fan	off you drama, there's so Practic epic tal	ady to shine a ur skills! With a, singing, and omething for ce and perfor alent show for the spotlight for you!	n dance, d sports, everyone. rm in an r all your	the ulti party! inflat around finish o	head to Party H imate Winter W We'll have fun table snowglob to some silent off with some f COOLEST day o holidays!	onderland inside an e, dance disco and un games.	TO YOU rollin' some f	we're bringin ! The FunPad up to your ser un on wheels. nt to miss this	bus will be vices for You don't	step in humpba all ab animals day issu	e to be amazi hside a 19m ir hok whale! We out these ind and also son ues and actio ese gentle gia	nflatable will lea redible ne prese ns to he
	\$65.00	-	Base Fee	\$85.00	~	Base Fee	\$85.00	~	Base Fee	\$65.00	~	Base Fee	\$65.
Base Fee	101111		True Frendsk	\$15.00		Exp Fee**	\$46.00	œ	Exp Fee**	\$18.00	œ	Exp Fee**	\$17.
Base Fee Exp Fee** Daily Total	\$15.00 \$80.00	-	Exp Fee** Daily Total	\$80.00	9	Daily Total	\$111.00	-	Daily Total	\$83.00	-	Daily Total	\$82



*Child Care Subsidies may apply. \$5 Admin Fee per family. \$5 Late Fees apply within 7 days per child. Payment plans available. | **Experience/Activity Fee. Programs may be subject to change. Third Party Payment Fees apply. See Terms and Conditions for cancellation policy

FIND A VENUE teamkids.com.au/venues CHOOSE YOUR ADVENTURE Book Today!

TEAMKIDS.COM.AU

1300 035 000





SOMERVILLE

Monday 26th June 2023
9am - 3pm
7 - 14 years old + Rep Squad Groups
(11/U, 13/U, 15/U & 17/U - Rep)
Somerville Recreation Centre,
14 Edward Street, Somerville
\$85 per participant

Every participant receives a Netstars T-shirt

Bookings essential and only a <u>limited</u> number of spaces available - book now to avoid missing out



Unwind and share experiences with others who

understand

MyTime

ng parents of



Why MyTime?

MyTime is for parents and carers of a child with a disability, chronic medical condition or other additional needs including developmental delay.

FIND US AT:

BAM Arts Inc 1 Rosella Street, Frankston Monday 10:00am - 12:00pm

CONTACT:

Facilitator: Kate Rogers Phone: 0413 091 651 Email: katier@mytimevic.com.au

mytime.net.au



KELLYSPORTS.COM.AU



MyTime term plan

ONLINE

mytime.net.au

DATES	GROUP ACTIVITY	CHILDREN'S ACTIVITY
30/01/2023	 Come along and join us for morning tea and a chat. 	Dancing
06/02/2023	 Get to know other families from the area while pre- 	3792
13/02/2023	school aged children are kept engaged by our Play Leader.	Craft activities
20/02/2023	 Group activities to be confirmed based on member interests but may include; 	
27/02/2023	Guest speakers	
06/03/2023	 Facilitator led discussions 	Toys and blocks
20/03/2023	Self-care activities and workshops BAM DETAILS	يب 🙇
27/03/2023	Bam Arts Inc are dedicated to providing arts programmes, events and opportunities for people with	Stories and Singing
03/04/2023	disabilities of all ages. MyTime at BAM Arts Inc will be a creative and fun time for children	
NO GROUP	and adults. We will host a 30	N & 🛖 🚧
13/03/2023	minute weekly music and	-11.0.00.11
DUE TO	movement session where we will	
PUBLIC	sing and dance and make new friends.	







support



NOTICE BO

Langwarrin Park Preschool NEW 2024 TIMETABLE!

Langwarrin Park Preschool Timetable 2024

To book a tour or for further information please contact us at: langwarrin.park.kin@kindergarten.vic.gov.au or visit our website: https://www.langwarrinparkpreschool.kindergart en.vic.gov.au/

Register your child now on the Frankston City Council Website:

NEW

Timetable

for 2024

https://www.frankston.vic.gov.au/Community-and-Health/Health-and-support-services/Child-andfamily-services/Kindergartens

Monday	Tuesday	Wednesday	Thursday	Friday
		PLAYROOM 1		
GREEN GROUP 8.30am – 4.00pm Session length: 7 hrs 30 mins	RED GROUP 8.00am – 12.00pm Session length: 4 hrs	GREEN GROUP 8.30am – 4.00pm Session length: 7 hrs 30 mins	BLUE GROUP 8.00am-12.00pm Session length: 4 hrs	RED GROUP 8.15am – 3.15pm Session length: 7 hrs
4 Year Old Groups: Purple, Green and Orange (15 hours per week) 3 & 4 Year Old Group: Red (15 hours per week) 3 Year Old Groups: Blue (8 hours per week) Pick (7.5 hours per week)	BLUE GROUP 12.30pm-4.30pm Session length: 4 hrs		RED GROUP 12.30pm – 4.30pm Session length: 4 hrs	
		PLAYROOM 2		
ORANGE GROUP 8.15am – 3.45pm Session length: 7 hrs 30 mins	PURPLE GROUP 8.30am–4.00pm Session length: 7 hrs 30 mins	ORANGE GROUP 8.15am – 3.45pm Session length: 7 hrs 30 mins	PURPLE GROUP 8.30am–4.00pm Session length: 7 hrs 30 mins	PINK GROUP 8.15am-3.45pm Session length: 7 hrs 30 mins

Langwarrin Preschool FREE KINDER

Enrol Now for 2024

Langwarrin Preschool is excited to announce a second full day program (7.5hr x 2 days) for 4 year olds in 2024! (and a limited number of 3 year old places to access this 15 hour program)

To Register your child please visit Frankston City Council Website. https://www.frankston.vic.gov.au/Community-and-Health/Health-and-support-services/Child-and-familyservices/Kindergartens For further information please contact us 9776-5700

langwarrin.kin@kindergarten.vic.gov.au

https://www.langwarrinpreschool.kindergarten.vic.gov.au/

			Prescho metable		
Group	Monday 8:30 - 4:00	Tuesday 8:30 - 4:00	Wednesday 8:30 - 4:00	Thursday 8:30 – 4:00	Friday 8:30 - 4:00
Yellow					
Orange					
Green					
Blue					

Offering

2 groups of

long day sessions

As a service we are thrilled to be able to deliver 2 years of Kinder for more children in our community! Our wonderful team of teachers and educators will continue to offer educational programs which suit every child's individual learning and development needs through our play based curriculum

NOTICE BOARD



Moonlit Sanctuary



ENVIRONMENTAL ACTIVITIES, ANIMAL ENCOUNTERS AND NATIVE ANIMAL CARE

Includes interactions with kangaroos, pythons, feeding animals, food prep and animal enrichment activities. Learn about our animals, their conservation and the environment. For ages 7-14 years.

Winter Holiday Program

Week 1: Monday 26th, Tuesday 27th, Wednesday 28th, Thursday 29th, Friday 30th June Week 2: Monday 3rd, Tuesday 4th, Wednesday 5th, Thursday 6th, Friday 7th July Cost: \$99.00 per day | Small groups of 16 | 10:00am start - 3:00pm finish



Moonlit Sanctuary Wildlife Park 550 Tyabb-Tooradin Rd, Pearcedale | Phone 5978 7935 www.moonlitsanctuary.com.au Open daily between 10am and 4pm. Keeper Club runs from 10:00am-3:00pm.

ERTIFIED C ecotourism

Please present this ticket when you arrive. Please note that Moonilit Sanctuary closes at 4:00pm.

Local School Family Pass - Winter 2023

Can be used once any day from June 2, 2023 until December 2, 2023

Can't get to a printer? Display this on your smartphone upon arrival at Moonlit Sanctuary. If you've booked an encounter or tour please arrive 15 minutes before the start time.

wee School Donation

Local School Family Pass - Winter 2023 1 x Family Pass - Local School Donation

WE LOOK FORWARD TO SEEING YOU BUT FIRST THE IMPORTANT SMALL PRINT

Moonlit Sanctuary



63348161-207358385

Call us on 03 5978 7935 or email bookings@imocolit.sanctuary.cor Plan your visit at www.mocolitsanctuary.com.au



NOTICE BOARD





You can find the hard copy flyers at the office for the Damian Syreds CIRCUS Royale

Peninsula Health Dental Services



Peninsula

Health

Is your child due to see the dentist? You now have a few options!

Smile Squad

Our *Smile Squad* van is visiting local schools. Our bright orange van may have already visited your school. If you have seen them, that's great! If not, hopefully they will be coming to your school soon.



Peninsula Health Community Dental

Our Community Dental program operates from 3 locations **Frankston**, **Hastings** and **Rosebud**. Your child will be offered the next available appointment and most of them are seen for free.

Please contact **9784 8184** to make an appointment.

Medicare Child Dental Benefits

Your child may be entitled to **Medicare Child Dental Benefits**. This is a **Medicare** program that pays up to **\$1026** towards your childs dental care every **2 years**. You can use this at participating dental clinics both private and community.

Please check with Medicare to see if your child is eligible.

NOTICE BOARD



We have units in Langwarrin, Carrum Downs and Seaford catering for girls aged 5-15.

For more information, please contact

Frankston District Manager, Deb Abbs – 0438 787 570

