

The Magic of Inclusion



Join us for a fantastic opportunity to listen and learn more about inclusion and diversity from local mum Julie.



Julie Fisher is an award winning and bestselling author of 3 books "The Unexpected Journey", "From the Hearts of Mums" and "The Magic of Inclusion". She is also a keynote speaker, radio presenter and local mum to 3 amazing boys, including Darcy who has Down syndrome.

Have you ever thought what it would be like if your child, or someone you care for, was made to feel like they shouldn't be somewhere or shouldn't do something that others take for granted? If you took your child to a play centre, park or the movies and they were excluded by others, just because they looked or behaved differently?

When: Tuesday 30 May 2023

Time: 10.00am -11.30am

Location: Aldercourt Primary School, Silver Avenue Frankston North.
Free and Morning tea provide

Please book via Trybooking <https://www.trybooking.com/CICNH>



Frankston City Council

PO Box 490, Frankston 3199

1300 322 322 | playgroup@frankston.vic.gov.au | frankston.vic.gov.au



WOODLANDS PRIMARY SCHOOL IS ON
BUNURONG
COUNTRY



CALENDAR

MAY

FOREST LODGE CAMP

Monday 29th—Wednesday 31st—

4AW & 4D

Wednesday 31st—Friday 2nd

JUNE—4MR, 4W & 4I

JUNE

Thursday 1st—Friday 9th—Book

Fair

Thursday 8th June—F-4 ALPHA

Show—Hercules

Friday 9th—Student Free Day

Monday 12th—Kings Birthday

(Public Holiday)

Friday 23rd—Last Day of School

Joke of the week !

What did the pig
say on a hot day?
I'm bacon.



IMPORTANT UPCOMING DATES



Important School Dates for Term

2023 TERM DATES

TERM 2—Monday 24th April to Friday 23rd June

FOREST LODGE CAMP

Monday 29th—Wednesday 31st—4AW & 4D

Wednesday 31st May— Friday 2nd June—4MR, 4W & 4I

Thursday 1st—Friday 9th—Book Fair

Thursday 8th June—F- 4 Alpha Show—Hercules

Friday 9th June—Student Free Day (NO SCHOOL)

Monday 12th June - Kings Birthday (NO SCHOOL)

Friday 23rd June— Last Day of School—2:30pm Finish



TERM 3—

Monday 10th July to Friday 15th September

TERM 4—Monday 2nd October to Wednesday 20th December



PARENT WEBINAR

MANAGING ANXIETY AND OTHER BIG FEELINGS FOR TWEENS

Practical ideas and strategies for understanding, and better supporting, your tween struggling with big feelings, including anxiety.

TOPICS INCLUDE:

- Is this anxiety and if so, how do I best support my child?
- What's "normal" and what's not? Should I be worried?
- How do I manage meltdowns, especially anger?
- When I grew up no one really talked about feelings so how do I best support my tween?
- What's some resources you can recommend?

WOODLANDS PRIMARY SCHOOL

www.bit.ly/1june2023

Register to attend the webinar live &/or receive
access to the replay

THURSDAY

1 JUNE

7.30PM

(60 MINS)



**Carley
McGauran**

Psychologist
and Mum to 3
primary and
secondary
aged kids





In Week 2, the Foundation students attended the **Inquisitive Kids Weather Incursion!**

The children had lots of fun investigating the water cycle, making rain in jars, watching tornadoes in bottles and looking at electricity and lightning!



All the Year 5's put there programming knowledge to use for a Lego robot day. Events included calculating the distance to the line, mini- golf and the very popular soccer!



Helping Your Child THRIVE

The following tips can be used at home to help your children THRIVE.

Try your best

- To develop self-control in your children, encourage them to make choices and accept the mistakes they make.
- Support them to learn and try new ways to fix their mistakes to achieve what they set out to do.
- Setbacks, such as not being picked for a team, or being left out of a group, can be painful experiences, but so long as you tell them these are normal parts of life, their self-control, resilience and self-awareness will grow.

Be healthy

- Enable them to make the choice to follow a healthy balanced diet (especially breakfast), exercise, socialising and leisure.
- Every day encourage your children to play outside actively. Sport is a great way to keep them fit.
- Keep an eye on their sleeping patterns: they are active and growing rapidly and need 8 to 10 hours of deep uninterrupted sleep.
- Remove devices in bedrooms and avoid screens an hour before bed.

Relate well

- Let them know regularly that you love them and are proud of them.
- Avoid comparing them or what they do to other friends or siblings in their presence.
- Reach an agreement on screen time, in particular social media and gaming; these can become very difficult habits to break down the track.
- Schedule quality time with your children. Enjoy doing something together like going for a walk, playing a game or cooking.

Get involved

- Set aside regular time to talk with your children about all the things they do. These conversations are the backbone of your relationships with your children because they know you care and love them.
- Encourage your child to play to their strengths and try different activities and hobbies.
- Share your hobbies and passions with your children.

Live your values

- Talk to your children about your family values, what is important to you and how you can all act in a way that is respectful of those values.
- Model using manners and teach your children to use "Please", "Thank you", "May I", "Excuse me", and "No thank you".
- Praise your child when they are being respectful.
- Give your child special jobs around the home and talk to them about how they can help others

Enjoy positive emotions

- Every evening ask them to share the good things that happened in their day that they were grateful for.
- Every morning ask them what they are most looking forward to for the upcoming day.
- Celebrate their achievements.
- Practice mindful moments together.



THRIVE AWARDS

Term 2 Week 3

'TRY your best'

| Class | Recipient Name | | Class | Recipient Name |
|-------|----------------|--|-------------------------------|---------------------------|
| FE | James C | | 4AW | Jessie K |
| FG | Ari B | | 4D | Ty J |
| FM | Teddy M | | 4I | Holly S |
| FN | Penelope B | | 4MR | Jack R |
| FS | Jye P | | 4W | Tatum B |
| FT | Eve D | | 5A | Cooper S |
| 1A | Spencer S | | 5B | Dakota B |
| 1E | Paris | | 5D | Indianna G |
| 1F | Ryan B | | 5S | Declan M |
| 1J | Mackenzie L | | 5W | Sienna P |
| 1S | Olive M | | 6BP | Haiden A |
| 1SR | Sophie A | | 6C | Chloe L |
| 2F | Bern D | | 6H | Abby M |
| 2H | Violet N | | 6P | Sophie A |
| 2I | Luca A | | 6S | Erin M |
| 2J | Charlotte N | | PERFORMING ARTS Mr Gough | Alyssa L 3P |
| 2M | Elandra S | | PE Mr Dowling PE Mr Birnie | Edan M-B 5W Chloe C 3H |
| 2MU | Oliver W | | STEM Mr Schaus | Chloe L 6C |
| 3E | Hudson B | | VISUAL ARTS Mrs Clowes | Ryder F 6BP |
| 3H | Xavier D | | VISUAL ARTS Mrs Livera | Layla C 2H |
| 3L | Emily S | | ICT Mr Hall | Torah A 1SR |
| 3P | Adelaide H | | MEDIA Mr Hall | Mason S 5W |
| 3W | Chelsea-Anne M | | PE Mr Hall | Ruby B 2I |
| | | | AUSLAN Julie Morgan | Jude C 2I Ryder F 6BP |
| | | | Foundation PE Mrs Schroth | Saylor M FE |

THRIVE AWARDS

Term 2 Week 4

'BE healthy'

| Class | Recipient Name | | Class | Recipient Name |
|-------|----------------|--|-------------------------------|---------------------------|
| FE | Willow A | | 4AW | Hudson BH |
| FG | Lettie G | | 4D | Maxx W |
| FM | Tayte P | | 4I | Kody W |
| FN | Jaxson M | | 4MR | Josh W |
| FS | Eden M | | 4W | Blake C |
| FT | Romeo L | | 5A | Millea C |
| 1A | Finn S | | 5B | Elsie B |
| 1E | Blake P | | 5D | Kyle F |
| 1F | Niall H | | 5S | Noah F |
| 1J | Ivy B | | 5W | Hendrix B-L |
| 1S | Mia G | | 6BP | Sophie S |
| 1SR | Lola R | | 6C | Daniel O |
| 2F | Evie A | | 6H | Keara B |
| 2H | Lucas B | | 6P | Seth D |
| 2I | Hunter L | | 6S | Georgia C |
| 2J | Sonny M | | PERFORMING ARTS Mr Gough | Charlie C 1S |
| 2M | Harper S | | PE Mr Dowling PE Mr Birnie | Kiku M 6C George W 4AW |
| 2MU | Londyn M | | STEM Mr Schaus | Elly S 6 P |
| 3E | Liliana B | | VISUAL ARTS Mrs Clowes | Chloe L - 6C |
| 3H | Amelia M | | VISUAL ARTS Mrs Livera | Jude C 1I |
| 3L | Airlie J | | ICT Mr Hall | Isaac H 1F |
| 3P | Oliver S | | MEDIA Mr Hall | Declan M 5S |
| 3W | Evie B | | PE Mr Hall | Rhys N 1S |
| | | | AUSLAN Julie Morgan | Flynn H FN |
| | | | Foundation PE Mrs Schroth | Chevy L FS |



Book Fair is Coming!



Lamont Book Fair is coming!

This is a great way for students to add to their book collection at home as well as helping our school earn more books for the school's library.

During class time, students will be able to browse the Book Fair and make a wish list with a few of the titles that interest them.

Students will then bring their Wish List home and ask nicely if they could perhaps have a book/s from their list.

Parents are welcome to visit the Book Fair with their child/children to purchase a book or two during our opening times. Listed below. Entry is via the libraries back door. Please leave all bags outside if weather permits or in the designated area inside.

EFTPOS is our preferred method of payment. If necessary, cash payment will be accepted.

Or... even easier books can be ordered and paid for online using the Lamont portal, details for this are on the back of your child's Wish List. Orders will be delivered to their classroom during the day. Please do not collect from the library.

Book Fair will be open in the Library/Resource room during the following times:

Monday 5th to Thursday 8th June
8.30 – 9.00 am 3.30 – 4.00 pm

Online orders will close at 10am Friday morning!

WHAT'S ON TERM 2

Team Kids

READY FOR FUN?

Our Term 2 Challenge is underway! Which school will win the title of **Eco-Engineers**?

What's on this term

MAY

MOTHER'S DAY CELEBRATIONS

JUNE

ECO-ENGINEERS CHALLENGE DUE

HOW TO REGISTER?

Head to teamkids.com.au/register
Allow 10-15 min to set up your account.

HOW TO BOOK?

1. Sign in to your TeamKids account.
2. Select the following: » Add/Change bookings » Care Type » Child's Name » Date (it will turn green).
3. Click "Next".
4. Double check your bookings and click "Confirm Changes".

REGISTER
It's Easy
TODAY
teamkids.com.au/register

teamkids.com.au

CALLING ALL Eco-ENGINEERS

TERM 2 CHALLENGE

LET'S BUILD A CITY
OUT OF 100% RECYCLED
MATERIALS!

ENTRIES CLOSE: FRIDAY 9TH JUNE

EPIC FUN!
BOOK
NOW

ARE YOU READY TO:

Showcase your awesome
ENGINEERING SKILLS

GET INVOLVED and work together
with your school and local community

Learn and think about
SUSTAINABILITY

Come up with an **EPIC
STORYLINE** and star in
your entry video

NOTICE BOARD



Frankston

Why MyTime?

MyTime is for parents and carers of a child with a disability, chronic medical condition or other additional needs including developmental delay.

FIND US AT:

BAM Arts Inc
1 Rosella Street, Frankston
Monday 10:00am – 12:00pm

CONTACT:

Facilitator: Kate Rogers
Phone: 0413 091 651
Email: katier@mytimevic.com.au

Unwind and share experiences with others who understand



mytime.net.au

FOOTY 4 FUN

AFL VICTORIA X ST KILDA



Join us Wednesday, May 10th in Keysborough for a FREE Junior Clinic with St Kilda Players!

Register now to meet your favourite St Kilda FC players and take part in a junior clinic, photo opportunities & player signings!
Designed for 5 - 12 year olds.



WHEN

4:30pm - 5:30pm
Wednesday, 10th May

WHERE

Tatterson Park, Keysborough



REGISTER HERE!

MyTime term plan

mytime.net.au

| DATES | GROUP ACTIVITY | CHILDREN'S ACTIVITY |
|--|---|---------------------------|
| 30/01/2023 | • Come along and join us for morning tea and a chat. | • Dancing |
| 06/02/2023 | • Get to know other families from the area while pre-school aged children are kept engaged by our Play Leader. | • Craft activities |
| 13/02/2023 | • Group activities to be confirmed based on member interests but may include: | • Toys and blocks |
| 20/02/2023 | • Guest speakers | • Stories and Singing |
| 27/02/2023 | • Facilitator led discussions | |
| 06/03/2023 | • Self-care activities and workshops | |
| 20/03/2023 | BAM DETAILS | |
| 27/03/2023 | Bam Arts Inc are dedicated to providing arts programmes, events and opportunities for people with disabilities of all ages. | |
| 03/04/2023 | MyTime at BAM Arts Inc will be a creative and fun time for children and adults. We will host a 30 minute weekly music and movement session where we will sing and dance and make new friends. | |
| NO GROUP 13/03/2023 DUE TO PUBLIC HOLIDAY | | |



It's support for you



It's free to join



Professional support



Pre-school aged children are welcome



IGNITE A PASSION FOR THE GAME!

LANGWARRIN

LLOYD PARK, 4 SHUTE DRIVE, LANGWARRIN

SUNDAYS 8:30AM

COMMENCING 30TH APRIL
CONTACT: AUSKICK@LANGYJFC.COM

play.afl/auskick

NOTICE BOARD



**REGISTER YOUR CHILD
ONLINE TODAY**

For more information about locations and session times please contact us:

W: www.unitefootballacademy.com.au

E: Info@unitefootballacademy.com.au

P: Greg - 0401 069 959

THE BEGINNING FOR ALL FUTURE SUPER STARS

FREE TRIAL
SESSION AVAILABLE

Boys and girls aged 4 – 12 years old will learn to improve their soccer skills and technique in a fun and enjoyable environment.

- ★ Skills development in dribbling, passing, ball control and team work.
- ★ Improving confidence and overall fitness
- ★ Teaching kids from beginners through to experienced
- ★ Friendly games with local clubs
- ★ Having fun and making new friends
- ★ Providing a pathway into local clubs

The advertisement for Girl Guides Australia Victoria features a vibrant blue background with white and yellow text. The words "FUN", "FRIENDSHIP", and "ADVENTURE" are written in large, bold, sans-serif fonts, with "and" in a smaller, cursive font between "FRIENDSHIP" and "ADVENTURE". The Girl Guides logo, a white four-petaled flower with a yellow star in the center, is positioned to the right of the text. Below the logo, it says "GIRL GUIDES AUSTRALIA VICTORIA". A white button with a double arrow icon contains the text "JOIN TODAY". The website address "www.guidesvic.org.au" is displayed in white. Three photographs are included: a group of girls in blue uniforms smiling, a girl in a blue uniform sitting on a rock, and a girl in a blue uniform sitting on a rock with a tent in the background.

**We have units in Langwarrin, Carrum Downs and Seaford
catering for girls aged 5-15.**

For more information, please contact

Frankston District Manager,
Deb Abbs – 0438 787 570

NOTICE BOARD



OFFERING LONG (2x7.5HR) AND SHORT (3x5HR) SESSIONS

*In our four-year old program

WONNAI PRESCHOOL

"Langwarrin's Hidden Educational Gem for over 40 years"

**Wonnai Pre-School Enrolments are now open for 2024
TOURS AVAILABLE NOW - Bookings Essential!**

2 Elm Grove, Langwarrin, 3910

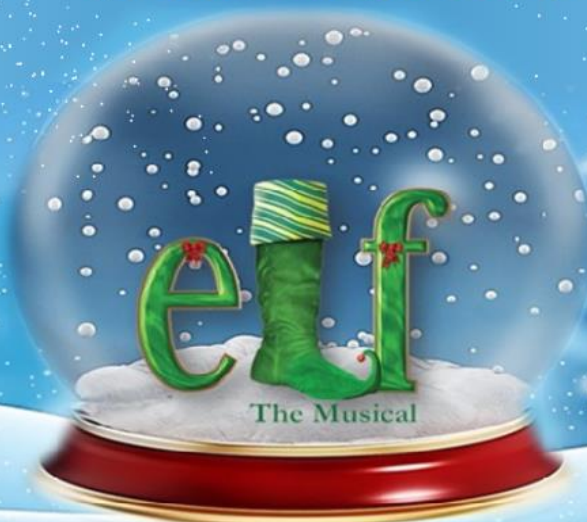
Ph: (03) 9789 2642 **W:** www.wonnaipreschool.com.au

Wonnai is a boutique preschool nestled in a bushland setting in 'Leafy Langwarrin' and features our newly updated expansive nature-based playground and refurbished playroom.

In our three and four-year old programs, children are nurtured, inspired and supported by passionate and experienced educators. We offer a play-based program that provides opportunities for each child to develop and learn at their own pace, across all the curriculum areas.

Peoples Playhouse Inc & Kidz 4 Kidz
Proudly Present
at
Cranbourne Community Theatre, Brunt Street, Cranbourne.

June 30th - July 8th, 2023



The Musical

Book by
THOMAS MEEHAN and
BOB MARTIN

Music by
MATTHEW SKLAR

Lyrics by
CIAD BEGUELIN

Originally produced by
Warner Bros. Theatre Ventures
in association with unique features
Licensed exclusively by Music Theatre International (Australasia).