

NEWSLETTER

WELCOME BACK TO TERM 3

Unfortunately a return to remote learning isn't how we wanted to start Term 3. However, the hard work that all of the staff at Woodlands have put in over the last week ensures that we are in a great position to make the term an effective one for our students.

Whilst the health and wellbeing of our students, their families and our staff remains our number one priority, it is important that we maintain learning continuity for our students. As a result we have made a few changes to our remote learning program to further support our families in making the term a productive one for all students. Whilst we believe we have the balance right, all families are different so it is important that you adjust the schedule and expectations to suit your children.

I was extremely proud of the way our students approached remote learning in Term 2 and am confident they will continue to try their best and treat others with kindness throughout this term.

Matt Gallagher
Principal

CALENDAR

JULY

29th - Wellbeing
Wednesday

31st - 2021 Enrolments
due back

NEW STAFF

This term we welcome a number of new staff members to our school community.

Jessica Merritt – Year 6

Simone De Ruyter – Year 6

Julie Morgan – Integration

Briee Ryan – Integration (returning from Family Leave)

We are delighted to be able to bring these new staff members on board this term and look forward to the positive impact they will have on our school community.

Matt Gallagher
Principal

FACE MASKS

We have had confirmation from DET that primary school students will not be required to wear a face coverings at school. This will remain the choice of each individual family.

Staff will be required to wear a face covering at all times, other than when they are teaching their students.

Parents/carers will be required to wear face coverings whenever they leave the house, including for school drop off and pick up.

More detailed information as well as current advice on masks is below.

Students who attend primary school for on-site supervision will not be required to wear a face covering. Students who are aged 12 by Year 6 will not be required to wear face coverings. The Victorian Chief Health Officer has advised that it is not practical to require some primary school students to wear face coverings while others are not required to.

Teachers and education support staff will not be required to wear face coverings while teaching, but those who wish to do so, can. Teachers should wear face coverings in other areas of the school when not teaching (for example, in the staffroom, on yard duty and when providing first aid or taking temperatures), and when travelling to and from school.

The Department of Health and Human Services website has [advice about face coverings](#), including:

- different types that can be used
- how to make your own
- how to safely wear
- how to safely remove.



2021 ENROLMENTS

We have already received a large volume of enrolment applications for our 2021 Foundation intake. Acceptance letters will begin going out in the next few weeks.

If you have a child starting at Woodlands in 2021 and haven't returned your enrolment form yet, we are urging you to get this in ASAP to avoid missing out.

All other information and forms are on our website www.woodlandsp.vic.edu.au to download and view. Alternatively you can come to collect and return your form at the front door of the office.



Getting into a Healthy Routine

School holidays often throw our regular routines out the door but when you add the impact of COVID-19 into the mix many of us are probably struggling to find a new normal. As the way we live and learn is changing, now is a great time to set up a new routine. Routines can help us cope with change and form healthy habits. If you or your child are feeling anxious, a routine can help make your day-to-day life feel a little bit more predictable and manageable. Below are a few tips for a healthy routine.

Schooling

As many parents are now trying to support their children with remote learning it can feel really overwhelming. Your child will be set learning tasks online and everything they need is just a few clicks away. You can help your child by setting routine for learning time.

- Work out a schedule with your child for when they can get stuck into their schoolwork, make sure you factor in breaks, snacks and time to play/relax. Your child is not expected to be glued to a desk from 9am-3:30pm. Their learning routine needs to be manageable for them and your family. These are unprecedented times and we understand that families are doing the best they can. This will pass and your child's education will return to normal so for now the most important thing is that your child feels calm and supported.
- For some children it may help to encourage them to wear their uniform (or part of it) to help cue them in that it is time for school and to help them feel a sense of connection to their school.
- If you can, set up a designated space for your child to work from. An ideal space is one with minimal distractions, that has a comfortable table and seat.

Remember your child's classroom teacher is there to help you. If you have any questions or need some advice on how to assist your child, please get in touch with them.

Sleep

A regular routine can help with sleep. Having a regular time that you go to bed and get up in the morning can assist our sleep-wake cycle. It makes it easier to get the rest we need.

Exercise

Keeping active is so important for you and your kids. Try to get everyone moving by going for a walk, riding a bike or if the weather isn't on your side then check out [Go Noodle](#) it offers lots of fun movement activities.



TRY your best



Be HEALTHY



RELATE well



Get INVOLVED



Live your VALUES



ENJOY positive emotions

Nutrition

When we are time poor planning and cooking nutritious meals can be hard. Block out some time to cook, eat and clean up. Get the kids involved as much as possible it will teach them valuable life-skills and take some of the pressure off you.

Connection

We are social creatures, but physical distancing is having a huge impact on our ability to feel connected to our family and friends. Get creative and schedule times to connect. This is important for your child as they will be missing the regular contact of their school friends and teachers. Schedule time to call, video chat, message, or write a letter to someone special. Not only will it help you and your child, but it will also be helping the people you reach out to.

Self-Care

Finding the time for self-care can be particularly challenging if you are trying to work from home and look after children. In stressful times self-care is often the first thing we tend to let go but it is one of the most important. Even taking a brief moment to do something you enjoy will give your mind a break will boost your mood and lower stress. Why not try:

- Thinking about something you are grateful for
- Take a few slow, deep breaths
- Listen to music
- Play a board game
- Do some mindful colouring
- Read a book
- Have a bath
- Walk the dog

Small changes to your daily routine can make a big difference and help your family to THRIVE during this difficult time. If you or someone you know needs help there are many supports listed on the [THRIVE website](#).



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THRIVE AWARDS

Congratulations to the below students who received THRIVE awards!

Term 3 Week 2 'RELATE WELL'

Class	Recipient Name
FD	Noah C
FE	Madeline G
FI	Amelia M
FW	Liliana B
FWA	Amelia J
FS	Spencer S
1A	Charlotte S
1B	Zara H
1C	Paige B
1G	Ty J
1M	Imogen J
1S	Sutton H
2B	Laney R
2D	Levi K
2M	John N
2S	Lexie F
2T	Willow K
2W	Arden W
3H	Sammi S
3HU	Scott G
3L	Talia H
3S	Evie P
3W	Abby M
4H	Tahlia S
4JM	Monica H
4K	Jayla D
4P	Alex T
4S	Lawson W

5A	Taliah C
5G	Alyssa M
5P	Cooper M
5PH	Nick L
5W	Madison T
6B	Elliot W
6J	Kaitlyn C
6S	Molly M
6W	Rhye B



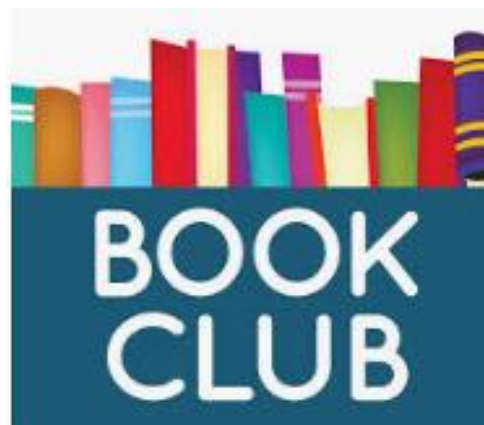
Performing Arts Mrs Muehlechner	Savannah A - FW
PE Mr Birnie Mr Dowling	Will H - 3W Cooper L- 6J
LOTE Ms Jahn	Cole L – 6J Willow M – 1A
STEM Mr Sutton	Caleb S – 6S
Visual Arts Mrs Clowes	Lily J – 4H
ICT Mr Hall	Willow M – 1A
Media Mr Hall	Hudson C – 4JM
PE Mr Hall	Ella - Rose D – 2T

BOOK CLUB

Scholastic Book Club's Issue 5 is now available online by going to the following link,
https://www.scholastic.com.au/media/5642/bc_520.pdf

All orders will be delivered to your home (\$5.99 delivery fee) and not to our school.
The orders from last term's issue 4 have only just arrived and have been given to your classroom teacher.

Thank you for your continues support of Book Club



WONNAI PRESCHOOL



OFFERING LONG (2X7.5HR) AND SHORT (3X5HR) SESSIONS IN 2021

WONNAI PRESCHOOL

"Langwarrin's Hidden Educational Gem for over 40 years"



TAKING ENROLMENTS FOR 2021

2 Elm Grove, Langwarrin, 3910

P: (03) 9789 2642 W: www.wonnaipreschool.com.au

Wonnai is a boutique preschool nestled in a bushland setting in 'Leafy Langwarrin' and features our always evolving expansive nature-based playground and refurbished playroom.

In our three and four year-old programs, children are nurtured, inspired and supported by passionate and experienced educators. We offer a play-based program that provides opportunities for each child to develop and learn at their own pace, across all the curriculum areas.

