

WOODLANDS PRIMARY SCHOOL TERMS 1-4 CANTEEN PRICE LIST 2017

GREEN FOODS (healthy choices)

SANDWICHES & WRAPS

Provided on **whole meal bread** unless specified

Salad (lett, tom, carrot, cuc, mayo) -----	\$4.50
Vegemite -----	\$3.00
Tuna & mayo -----	\$4.00
Chicken, lettuce, mayo wrap or s/w -----	\$4.50
Chicken & salad, mayo wrap or s/w -----	\$5.50

EXTRAS

Avocado, grated or sliced low fat cheese-each ---	\$0.50
Lett, tom, cucumber or carrot - each -----	\$0.40
Sour cream (low fat)-----	\$0.50

MAYO, TOM OR SOY SAUCE extra----- \$0.30

Roll long white ----- \$0.80

HOT FOOD

Spirals (homemade with meat sauce) -----	\$4.50
Lasagne -----	\$4.50
Corn Cob (with butter extra .20c) -----	\$1.00
Toasted Cheese sandwich (low fat cheese) ----	\$3.50
Nachos (low fat cheese, sour cream, salsa) ----	\$4.00

DRINKS

Bottles water (600ml) -----	\$2.00
Calci Yum milk – choc or strawb -----	\$2.50

MISC ITEMS

Movietime popcorn (butter or cheese) -----	\$1.50
Apples -----	\$1.00
Muffin (low fat) large/mini -----	\$1.00/.50
Honey Joys -----	\$0.50
Pretzels -----	\$0.05
Mixed bag of \$0.05 & \$0.10 snacks -----	\$0.50

MEAL DEALS – AVAILABLE ANY DAY

Hot dog & quench, milk or slushie ----- \$6.00

Spirals or Lasagne & milk, slushie or **quench**--- \$6.50

Sausage roll & slushie, milk or **quench** ----- \$5.00

Chicken wrap (with lett & mayo) & milk, slushie
or **quench** ----- \$6.50

Pie & milk, slushie or **quench** ----- \$6.00

Toasted cheese s/w & milk, slushie or **quench**- \$5.50

Toasted ham & cheese s/w & milk, slushie or **quench**---- \$6.00

6 nugg & juice box ----- \$6.00

3 Party Pies & quench, Slushie or milk ----- \$5.50

Salad s/w or wrap & milk, slushie or **quench** --- \$6.50

ADD A ZOOPER DOOPER or **MINI MUFFIN**
TO ANY MEAL DEAL FOR EXTRA ----- .30

ADD A ICECREAM TUB OR **LARGE MUFFIN**
TO ANY MEAL DEAL FOR EXTRA ----- .80

GLUTEN FREE

Spirals -----	\$4.50
Pie -----	\$5.00
Chicken nuggets each -----	\$1.00
Gluten free ice cream tubs -----	\$1.20

AMBER CHOICES (choose carefully)

SANDWICHES & WRAPS

Provided on **whole meal bread** unless specified

Ham & salad wrap or sandwich-----	\$5.50
Toasted Ham & cheese (low fat) sandwich -----	\$4.00

HOT FOOD (all low fat) (sauce extra .30c per item)

Meat pie -----	\$4.00
Hot Dog -----	\$4.00
Sausage roll -----	\$3.00
Party pie -----	\$1.20
Baked Potato with butter -----	\$3.00
(add sour cream or cheese for extra .50c ea)	
Steamed dim sim -----	\$1.00c ea or 3 for \$2.50
Chicken breast nugget -----	\$1.00c ea or 6 for \$5.00

DRINKS

Mineral Water (flavored low sugar) -----	\$2.50
Juice box (100% juice) -----	\$2.00
** Slushie ----- sm \$2.50/lg \$3.50	
(to be collected at canteen by showing bag)	
Warm milo ---- (term 2 & 3 only) -----	\$1.50

MISC ITEMS

Yoghurt Bars -----	.20c ea or 3 for .50
Cookie (sold over counter only) -----	.50
Gummi bears -----	.05c ea or bag for .50
Ropes -----	\$0.80
Ovalteenies -----	\$1.00
JJ snacks (chick, pizza, S&V, burger) -----	\$1.50
Red rock chips – honey chicken or plain -----	\$1.50
Cornto's (cheese) -----	\$1.00
Jumpys (Chicken) -----	\$1.00

FROZEN ITEMS**

(to be collected at the canteen by showing bag)

** Paddle pop (choc or rainbow) -----	\$2.00
** Bulla frozen yoghurt -----	\$2.00
** Callippo mini or Icy Twist-----	\$1.50
** 65% Fruit tube or Zooper Dooper -----	\$0.60/\$0.50
**TNT sour pops or Zing Yoghurt pop -----	\$1.20
**Frozen apple juice cups -----	\$1.00
**Ice cream tubs -----	\$1.20

**ITEMS MARKED WITH THE ASTERISK NEED TO BE PICKED UP FROM THE CANTEEN DURING LUNCHTIME BY SHOWING PREPAID BAG....THERE IS A SPECIAL PICKUP LINE ONLY FOR THESE BAGS

PAPER BAGS ARE 20c EACH IF YOU CANNOT SUPPLY YOUR OWN

If there is not enough money (or a foreign coin is) in the bag an item may be taken off or a substitution may be made

Canteen is open Monday to Friday 9.00-2.00